### 6 days Machame Route: Jana na Leo Safaris

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For those who only have six days to climb Kilimanjaro, the Machame route is the best choice because of its acclimatization profile. Compared to other six day routes, the Machame route exposes the climber to higher elevations quicker (day three) which kick starts the body's adaptation to altitude. However, this route requires that a person be in good shape to be able to tackle the challenging elevation gains and losses. The six day Machame variation is a difficult route. In particular, day four combined with day five makes for a very hard schedule. Day four is a full day of hiking from Barranco to Barafu. Then after dinner and a partial night's sleep, the very long and strenuous summit day begins around midnight. The 6 day Machame route requires 19-24 hours of demanding walking, at extremely high elevation, with only 4-6 hours of sleep.



### 1 day Machame Gate to Machame Camp

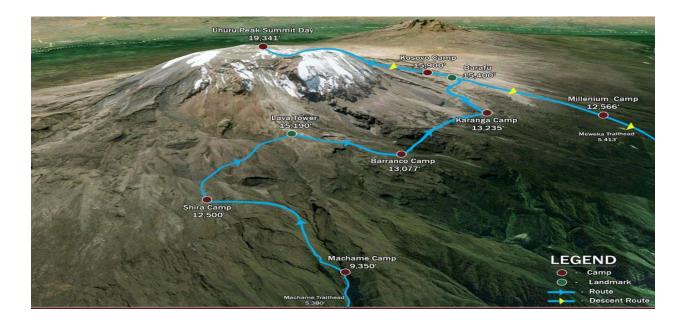
### Elevation (ft): 5,400ft to 9,400ft, Distance: 11 km, Hiking Time: 5-7 hours, Habitat: Rain Forest

The drive from Moshi to the Mount Kilimanjaro National Park Gate takes about 50 minutes. The journey passes through the village of Machame which is located on the lower slopes of the mountain. We now leave the park gate and walk through the rain forest on a winding trail up a ridge. Lower down, the trail can be muddy and slippery. Gaiters and trekking poles are a good idea here. We continue a short distance until we reach the Machame Camp.

# **2 days Machame Camp to Shira Camp**

## Elevation (ft): 9,400ft to 12,500ft, Distance: 5 km, Hiking Time: 4-6 hours, Habitat: Moorland

After breakfast, we leave the glades of the rain forest and continue on an ascending path, crossing the little valley walking along a steep rocky ridge, covered with heather, until the ridge ends. The route now turns west onto a river gorge. Time for rest, dinner, and overnight at the Shira campsite.



3 days Shira Camp to Lava Tower to Barranco Camp

# Elevation (ft): 12,500ft to 13000 ft, Distance: 10 km, Hiking Time: 6-8 hours, Habitat: Semi Desert

From the Shira Plateau, we continue to the east up a ridge, passing the junction towards the peak of Kibo. As we continue, our direction changes to the South East towards the Lava Tower, called the "Shark's Tooth." Shortly after the tower, we come to the second junction which brings us up to the Arrow Glacier at an altitude of 16,000ft. We now continue down to the Barranco Hut at an altitude of 13,000ft. Here we rest, enjoy dinner, and overnight. Although you end the day at the same elevation as when you started, this day is very important for acclimatization and will help your body prepare for summit day.

#### 4 day Barranco Camp to Karanga Camp to Barafu Camp

# Elevation (ft): 13,000ft to 15,000ft, Distance: 9km, Hiking Time: 8-10 hours, Habitat: Alpine Desert

After breakfast, we leave Barranco and continue on a steep ridge passing the Barranco Wall, to the Karanga Valley campsite. Then, we leave Karanga and hit the junction which connects with the Mweka Trail. We continue up to the Barafu Hut. At this point, you have completed the South Circuit, which offers views of the summit from many different angles. Here we make camp, rest, enjoy dinner, and prepare for the summit day. The two peaks of Mawenzi and Kibo are to be seen from this position

Day	Start	Altitude (m)	Altitude (ft)	Finish	Altitude (m)	Altitude (ft)	Time (hrs)	Distance (km)	Distance (miles)
1	Machame Gate	1,640	5,380	Machame Camp	2,850	9,350	5-7	11	7
2	Machame Camp	2,850	9,350	Shira 2 Camp	3,810	12,500	4-6	5	3
3	Shira 2 Camp	3,810	12,500	Lava Tower	4,630	15,190	4-5	7	4
	Lava Tower	4,630	15,190	Barranco Camp	3,976	13,044	2-3	3	2
4	Barranco Camp	3,976	13,044	Karanga Camp	3,995	13,106	4-5	5	3
5	Karanga Camp	3,995	13,106	Barafu Camp	4,673	15,331	4-5	4	2
6	Barafu Camp	4,673	15,331	Uhuru Peak	5,895	19,341	7-8	5	3
	Uhuru Peak	5,895	19,341	Mweka Camp	3,068	10,065	4-6	12	7
7	Mweka Camp	3,068	10,065	Mweka Gate	1,640	5,380	3-4	10	6
Total								62	37

5 days Barafu Camp to Summit to Mweka Hut

Elevation (ft): 15,300ft to 19,345ft (and down to 10,000ft), Distance: 5 km ascent / 12 km

descent, Hiking Time: 7-8 hours ascent / 4-6 hours descent, Habitat: Arctic

Very early in the morning (midnight to 2am), we continue our way to the summit between the

Rebmann and Ratzel glaciers. You head in a northwesterly direction and ascend through heavy

screed towards Stella Point on the crater rim. This is the most mentally and physically challenging

portion of the trek.

At Stella Point (18,600 ft), you will stop for a short rest and will be rewarded with the most

magnificent sunrise you are ever likely to see (weather permitting). From Stella Point, you may

encounter snow all the way on your 1-hour ascent to the summit. At Uhuru Peak, you have

reached the highest point on Mount Kilimanjaro and the continent of Africa. Faster hikers will

see the sunrise from the summit.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp

site, stopping at Barafu for lunch. You will want gaiters and trekking poles for the loose gravel

going down. Mweka Camp is situated in the upper forest and mist or rain can be expected in the

late afternoon. Later in the evening, we enjoy our last dinner on the mountain and a well-earned

sleep.

6 days Mweka Camp to Moshi

Elevation (ft): 10,000ft to 5400ft, Distance: 10 km, Hiking Time: 3-4 hours, Habitat: Rain Forest

After breakfast, we continue the descent down to the Mweka Park Gate to receive your summit

certificates. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help.

Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing

handy). From the gate, you continue another hour to Mweka Village. A vehicle will meet you at Mweka village to drive you back to hotel in Moshi

#### Included.

- o Park fees, camping fees & rescue fees
- o 18% VAT on tour fees & services
- o Transportation to & from the mountain gate
- o Professional mountain guides, cooks and porters
- o 3 meals daily while on the mountain
- Filtered water throughout the trek
- Fair wages for the mountain crew as approved by the Kilimanjaro National Park
  Authority (KINAPA), Kilimanjaro Association of Tour Operators (KIATO)
- Free transport pick up and drop off

#### Not Included

- Flights
- Travel insurance
- Visa and passport fees
- o Increases in park fees where applicable
- Tips to mountain crew
- o Items of a personal nature
- Laundry Services
- A doctor for the group

- Alcoholic beverages
- o Portable flush toilet with a toilet tent is extra (\$70 per toilet + toilet tent)



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